

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK SERVED DAILY ●	Taco salad Lettuce/tomatoes Refried beans Salsa Oranges ①	Chicken sandwich Tater tots Pickle spears Strawberries/bananas ②	Hot dog Pork & beans Fresh broccoli/dip Peaches ③	Sliced turkey Mashed Potatoes Gravy Green beans Biscuits Fruit cocktail ④
Fish sticks Baked beans Coleslaw Bread Sliced peaches ⑦	Burritos Pinto beans Baby carrots/dip Salsa Bananas ⑧	Stuffed crust pizza Cheese sticks Romaine salad Green beans Fresh strawberries ⑨	Oven baked chicken Mashed potatoes/gravy Corn Biscuits Red apples ⑩	Hamburgers Lettuce/tomatoes Pickles Oven baked fries Oranges ⑪
Steak fingers Or Salisbury steaks Mashed potatoes/gravy Green beans/bread Fruit ⑭	SUPER KIDS DAY ⑮  SACK LUNCHES	COOKS CHOICE ⑯	COOKS CHOICE ⑰  LAST DAY OF SCHOOL	⑱
				

### NUTRITION TIP: Health Benefits of Whole Grain Go Beyond Vitamins and Minerals

- Whole grain provides nutrients such as carbohydrates, B vitamins, minerals, plant sterols, antioxidants, and phytonutrients.
- This is why whole grain may help reduce the risk of many chronic diseases such as heart disease.<sup>2,3</sup>

School Information: THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.  
MENUS ARE SUBJECT TO CHANGE.